

MEN'S HEALTH INITIATIVE

SPOTLIGHT ON CASE FINDING

KwaZulu-Natal | Zululand | Queen Nolonolo Clinic | PHC
Average Monthly Headcount: 7000



IMPROVEMENT AREA & AIM

At Queen Nolonolo only 20% of people tested for HIV in 2018 were men. In addition, more men were presenting with advanced HIV disease compared with women; e.g., 9% of newly diagnosed men presented with tuberculosis (TB) disease compared with only 2% of newly diagnosed women.

The aim of the Philandoda project was to increase the number of men tested for HIV per quarter from 352 from fiscal year 2019 (FY19) quarter 2 (Q2) (January – March 2019) to 700 by FY20 Q2 (January – March 2020).



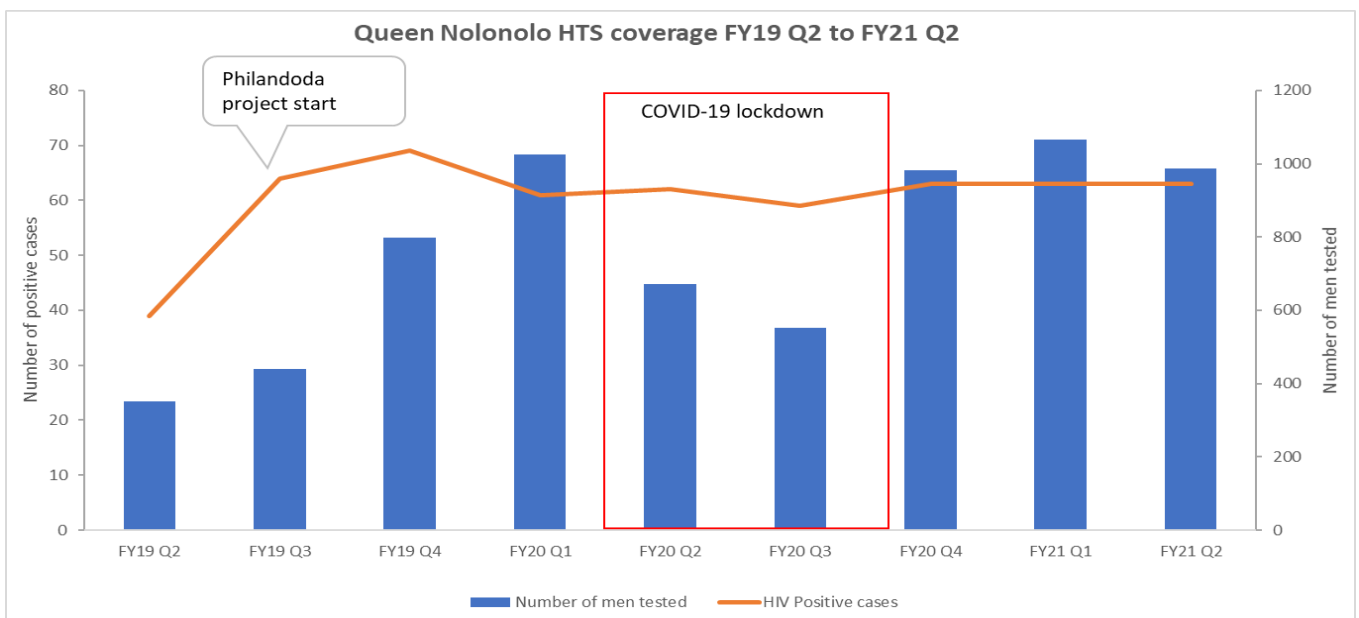
DESCRIPTION

A men's clinic was set up in July 2019 at the taxi rank. The clinic was run by a male Professional Nurse (PN) and male Lay Counsellor (LC). The staff visited surrounding shops and Technical and Vocational Education and Training colleges to mobilize the community and raise awareness about the services offered. The clinic initially ran 3 days a week then expanded to 5 as demand increased. Services offered included: HIV testing, antiretroviral therapy (ART) initiation, screening and treatment for sexually transmitted infections (STIs), TB, and non-communicable diseases, and mobilization for Voluntary Medical Male Circumcision (VMMC).



OUTCOMES

A total of 2,933 men were tested between April 2019 to March 2020. The median number of men tested per quarter **more than doubled** from 352 before the Philandoda project to 733 by the end of the project implementation. This was sustained above 800 tests per quarter by March 2021. Similarly, case detection improved from a baseline of 39 cases in FY19 Q2 to a peak of 69 cases in FY19 Q3, and this was maintained at above 60 cases per quarter. Following the success, the intervention has been institutionalized.



STEPS TO IMPLEMENT

PRE-IMPLEMENTATION

- ❑ Lay Counsellor (LC) and Professional Nurse (NC) engage with community leaders and male representatives.
- ❑ LC & PN identify male service providers.
- ❑ LC & PN set up mobile services at the taxi rank.

IMPLEMENTATION

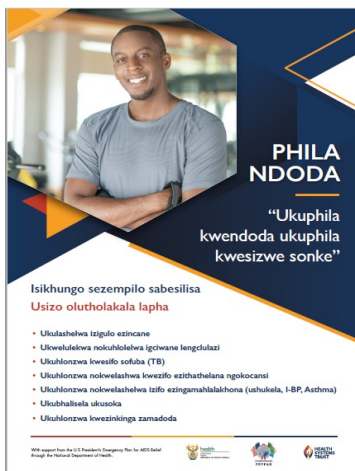
- ❑ LC engages community using loud hailer and pamphlets at the taxi rank and in colleges.
- ❑ LC & PN provide comprehensive services at the taxi rank.
- ❑ Data Capturer (DC) links captured data to Queen Nolonolo data system.
- ❑ DC conducts monthly data reviews.

FACILITATORS

- Services delivered by all male team.
- Services delivered in a place where men already congregate.
- Mobilised community through loud hailer by male driver mobiliser.
- Achieved community engagement and buy-in.

CHALLENGES

- Inadequate human resources to provide services on weekends and after hours.
- Interruption of services when the male staff took leave.



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ABBREVIATIONS

- ✓ ART – antiretroviral therapy
- ✓ DC – data capturer
- ✓ HTS – HIV testing services
- ✓ IEC – information, education, and communication
- ✓ FY – fiscal year
- ✓ LC – lay counsellor
- ✓ PN – professional nurse
- ✓ Q – quarter
- ✓ STI – sexually transmitted infections
- ✓ TB – tuberculosis
- ✓ VMMC – voluntary medical male circumcision

RESOURCES

- ✓ Mobile Van
- ✓ IEC material
- ✓ Loud hailer
- ✓ Clinical chart
- ✓ Pharmaceutical supply

STAFFING

- ✓ 1 Male Professional Nurse
- ✓ 1 Male Community Driver Mobiliser/ Lay Counsellor

IDEA INSPIRATION

The idea for this change idea came from the MSF men-friendly clinic that was implemented at eShowe taxi rank.